



# **LGBTQ+**

**Complex Identities**

**Challenges for**

**LGBTQ+**

**Individuals**

**Scott Fearing - [FearingS@mac.com](mailto:FearingS@mac.com)**







**LGBTQ+**



**Human Sexuality**

**LGBTQ+**

# Human Sexuality

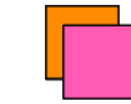
**XX**

or

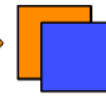
**XY**

# Human Sexuality

**Gender**



Female/XX



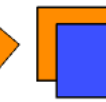
Male/XY

**Intersex**

**Gender Identity**



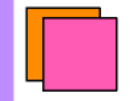
Woman



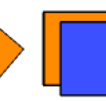
Man

**Non-binary/ None**

**Gender Expression**



Feminine



Masculine

**Androgynous**

**Orientation**



Attracted to  
Woman

Attracted to  
Men

**Behaviors**



Woman

Men



# Generation Gap(s)

1960's

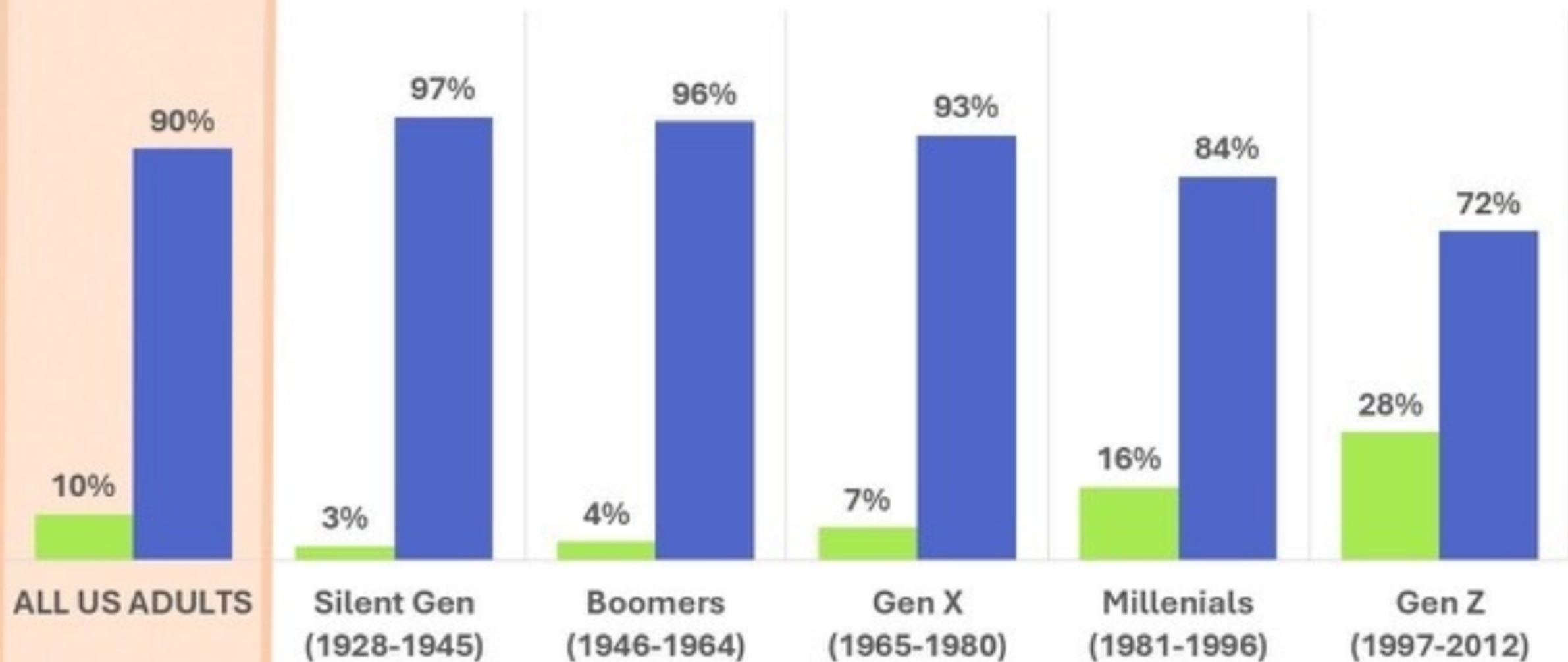
2020's

Youth often go against parental beliefs: in music, values, government, politics, sexuality, gender roles, culture.

Youth unite in a world their parents may not understand.

# LGBTQ IDENTITY

■ Straight ■ Bisexual, gay, lesbian, or something else



Source: PRRI, Gen Z Survey, Aug. 21-Sept 15, 2023.

# U.S. LGBTQ+ History Cohorts

- **Invisible Generation** <1928
  - **Silent Generation** '28-1969
- **Stonewall Generation** '70-1982
  - **AIDS Generation** '82-1993
- **Post AIDS Generation** '93-2000
  - **GSA & Marriage Gen** '00-2015
  - **Intersectionality & Trans Generation** 2015-?

**"Those who do not know history are doomed to repeat it."**



Currently ~3 million Americans 50+ identify as LGBT, expected to double to ~7 million by 2030!

- Older LGBTQ+ people may have trauma from being considered mentally ill <sup>(1973)</sup> when young.

- Thousands of LGBTQ+ citizens die earlier than straight citizens because they are isolated and afraid to seek care.

# *Simplified* look at the changing language used to Identify the LGBTQ+ population

Sodomite

1868



Homosexual

1950's

Homophile

Download  
Glossary



1969

Gay

GL

GLB

LGBT

LGBTQ+



Queer



# Edward Thomas Ryan



for Family only with no Memorial Services of any kind.

Edward wanted to share the following: "I must tell you one more thing. I was Gay all my life: thru grade school, thru High School, thru College, thru Life. I was in a loving and caring relationship with Paul Cavagnaro of North Greenbush. He was the love of my life. We had 25 great years together. Paul died in 1994 from a medical Procedure gone wrong. I'll be buried next to Paul. I'm sorry for not having the courage to come out as Gay. I was afraid of being ostracized: by Family, Friends, and Co-Workers. Seeing how people like me were treated, I just could not do it. Now that my secret is known, I'll forever Rest in Peace."

"Uncle Ed" and family would like to thank the following for their kind, courteous, and professional manner: Albany Medical College, Altamont Home Delivered Meals, VA hospital staff, Landmark Health Care and the Albany Fire Department.

June 11, 2024



**39% of LGBTQ+ people have been  
rejected by a family member or friend**

**30% of LGBTQ+ people have been  
physically threatened or attacked.  
For TGX that number rises to 61%**

**[www.LGBTHealthEducation.org](http://www.LGBTHealthEducation.org)**

**82%** of  
LGBTQ+  
Adults (45+)  
are  
concerned  
about care/  
support they  
can rely on.  
-AARP 2022



## **Traditional Supports for Older Adults**

- Spouse/Partner
- Children/Grandkids
- Family of Origin
- Faith Community
- Local Community
- Social Network
- Health/Social Services

**63%** of  
LGBTQ+  
Adults (45+)  
have  
provided  
support to a  
friend/  
partner/  
parent other.  
-AARP 2022

# How to Create Caring Space

Visuals

Language



Don't Assume

Programming

Consider Generational Difference

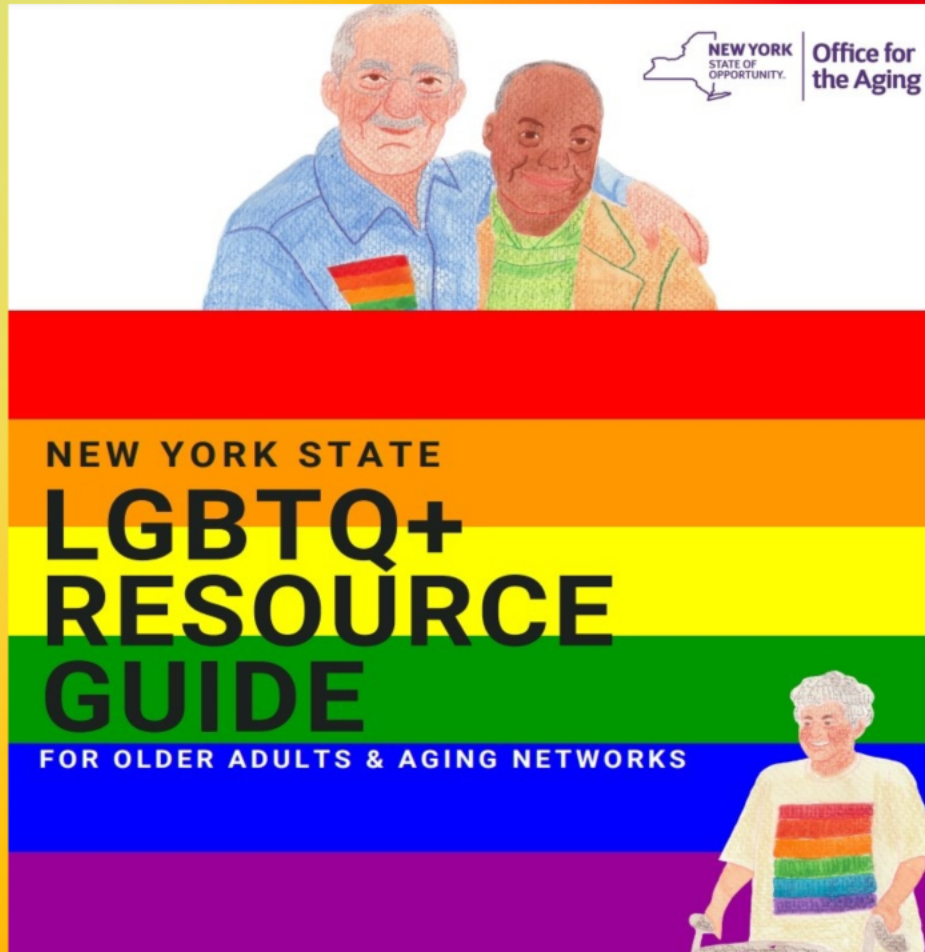




**Sage**  
Upstate

**Rainbow  
Seniors  
Visible &  
Proud**

[www.rsvp-wny.org](http://www.rsvp-wny.org)  
[rsvp.wny@gmail.com](mailto:rsvp.wny@gmail.com)



# **NYS LGBTQ+ Resource Guide -Office for the Aging**



# LGBTQ+

## Complex Identities Challenges for LGBTQ+ Individuals

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