

MAY 2025 NEWSLETTER

Rural Summit on Aging

NYSARH hosted a forum about rural aging with participants representing rural counties, area offices on aging, rural health networks, health centers, universities, long term care providers and advocates. Keith Mueller from RUPRI gave the opening address followed by Andy Lebwohl and David McNally of AARP.



Five discussion groups addressed rural issues relevant to the soon-to-be-released NY Master Plan for Aging. Stay tuned for the Report. NYSARH appreciates the support of the John R. Hartford Foundation through the National Rural Health Association that funded this activity.

Public Health Partnership Conference

NYSARH was pleased to join the NYS Public Health Association (NYSPHA) and the NYS Association of County Health Officials (NYSACHO) for the Public Health Partnership Conference (PHPC) in Ithaca May 1-2. Visit Ithaca! did a great job welcoming attendees. On Wednesday there was an interactive Learning Institute about climate change food security and a "Climate Health is Public Health" Dinner. 500 people attended the conference.



Thanks to the NYSRH members who volunteered to staff the NYSARH table during the Exhibition breaks. You made a difference!



THE NEW YORK STATE ASSOCIATION FOR RURAL HEALTH



Hosted By:



CHES Credits Offered By:



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Youth-Friendly Strategies for STI Prevention and Treatment

June 12, 2025 1pm EST

Speaker: Natalie Neu, MD, Professor of Pediatrics, Columbia University Irving Medical Center, Medical Director, NYC STI Prevention Training Center

[Register Here](#)

Join NYSARH

- **Job Postings:** Platform for rural health job listings and opportunities.
- **Diversity Data Dashboard:** Tools to analyze health trends by location.
- **Networking:** Connections with rural health professionals and organizations.
- **Updates:** Newsletters, grant alerts, and rural health updates.
- **Event Discounts:** Reduced fees for NYSARH and partner events.
- **Webinar Access:** Free or discounted rural health webinars.
- **Advocacy:** Representation on state and federal rural health policies.
- **Fellowships & Internships:** Opportunities for students and early professionals.
- **Resource Connections:** Access to rural health networks and tools.

Opportunity for No-Cost Workforce Training in Aging and Behavioral Health

Service Program for Older People (SPOP) is rolling out an initiative to provide no-cost training in aging and behavioral health to providers in all regions of New York State. We hope that you and your staff can take advantage of this opportunity, which is supported by the Mother Cabrini Health Foundation

Please take a minute to [complete this short survey](#) to provide information on the needs that you see in your region. This will help SPOP shape the curriculum and format for trainings.

SPOP is a New York State-accredited provider of continuing education for social workers and offers skills-based training in topics relating to aging and behavioral health.

Located in New York City, SPOP is one of the country's longest-standing providers of behavioral healthcare for an older population. SPOP operates an MHOTRS Outpatient Clinic, which offers individual and group psychotherapy, and PROS program, which offers group-based psychiatric rehabilitation support for older adults with serious mental illness.

THE NEW YORK STATE ASSOCIATION FOR RURAL HEALTH

SAVE THE DATE!

The New York State Association for Rural Health is accepting proposals for presentations for the 2025 Rural Health Symposium, Wednesday and Thursday, September 17th and 18th at the Lakefront Hotel, Geneva.

2025 RURAL HEALTH SYMPOSIUM

The NYSARH Annual Symposium is a premier gathering for healthcare, public health, and key stakeholders interested in rural health innovations, attracting attention from all sectors.



Keynote Speaker: Kaushal B. Nanavati MD

Motivational Speaker; Health, Wellness & Well-being Consultant; Assistant Dean of Wellness, Director of Survivorship and Integrative Medicine at State University of New York Upstate Medical University

He is a motivational speaker, an integrative family physician, and an author with a passion for leading people toward improved wellness, self-care, and peace in life. He has written for local magazines; taught end-of-life care to physicians, families, and caregivers; and worked in rural, suburban, and urban settings. He believes that overall wellness is a primary means of disease prevention.

Request for Breakout Session Abstracts

The Rural Health Symposium strives to provide practical and meaningful information on current trends that influence the ability of communities to provide and/or access quality and affordable health care for rural New Yorkers. Presentations by individuals or teams will be considered in each of the session tracts. Presentations should be engaging and provide for Q&A. Content should be innovative, informative and promote discussion and networking. Presentations should reflect the themes selected by the planning team and specifically address rural circumstances. Sessions will be about one hour and may include more than one submitted abstract if the planning team identifies proposals that may be combined. The submission deadline is **May 12, 2025**.

Please use this link to submit your abstract:

<https://www.surveymonkey.com/r/2025SymposiumAbstracts>

Please direct any questions to Sara Wall Bollinger at sara@nysarh.org.

All the Lonely People Movie Screening

A Film and Discussion with people developing resilience over loneliness and experts discovering solutions to isolation.

Join us for a screening of the film, All the Lonely People, followed by a panel discussion with the film producer, local community members and professionals on the impact of isolation related to mental health, aging and more.



Reserve Your Spot

Select a location to register:

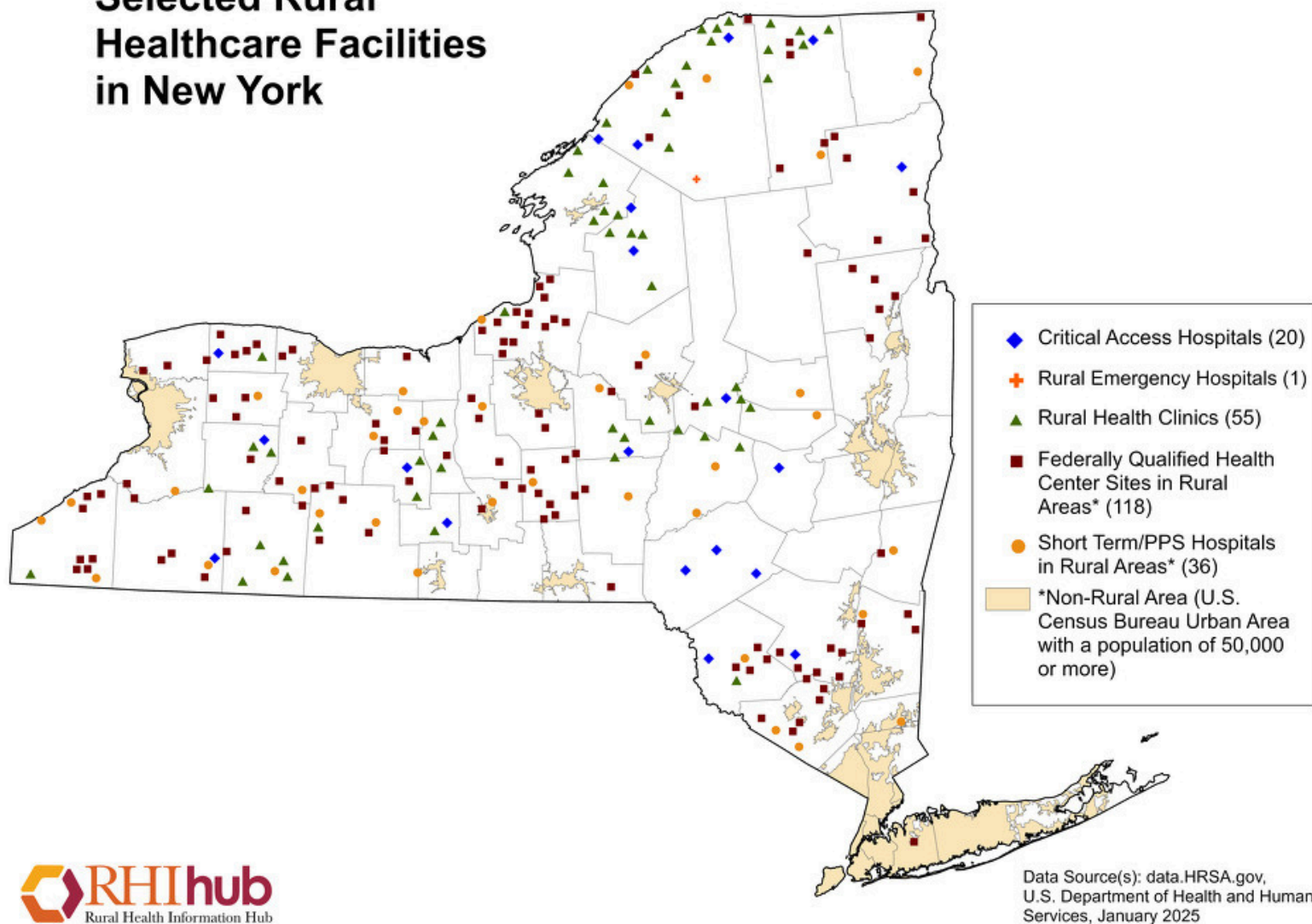
- May 12, 4-6pm @ Kallet Theater, Pulaski, NY
- May 13, 3-5pm @ Genesee County Building 2, Batavia, NY
- May 14, 2-4PM @ Evergreen Park, Potsdam, NY

[Register Here](#)

THE NEW YORK STATE ASSOCIATION FOR RURAL HEALTH

This map shows the state's Critical Access Hospitals (CAHs), Rural Emergency Hospitals (REHs), and Rural Health Clinics (RHCs), as well as Federally Qualified Health Center (FQHC) sites and short term/PPS (Prospective Payment System) hospitals located in rural areas.

Selected Rural Healthcare Facilities in New York



Amanda Horner, MPH, CHES® wins NYSPHA's Member of the Year award!

We're thrilled to celebrate Amanda Horner, MPH—named NYSPHA's Member of the Year!

This award recognizes a current NYSPHA member for their contributions to public health in New York State or beyond, with preference given to those making specific contributions to NYSPHA.

Amanda's tireless dedication to rural health and her commitment to building healthier communities embody what it means to put people first. We're proud to have her on our team!