## Background

In 2020, the National Association of Rural Health Clinics established the NARHC Research and Education Foundation. One of the objectives of the Foundation is to create an RHC data warehouse that will make RHC information readily available to the public – free of charge. This information could be made available to individuals, stakeholder organizations, academic institutions, government agencies and independent researchers.

For over a decade, the National Association of Rural Health Clinics has partnered with both the National Center for Rural Health Works (NCRHW) and the National Center for the Analysis of Healthcare Data (NCAHD) on various types of research and analytical support.<sup>1</sup> More recently, in support of other work being conducted on behalf of the REF board, we were contracted to update the previous data research to better understand trends in the RHC programs that occurred from 2020 to the end of 2022 beyond what is currently available through the Center for Medicare and Medicaid's (CMS) Quality, Certification, and Oversight Reports (QCOR) system.

Current QCOR data is limited because it groups together several different situations under the category of "terminated provider." The new research would analyze this data to determine the number of RHCs in the 3-year period that:

1-Truly closed;2-Converted to a different facility type, or3-Are still operating as RHCs but just underwent a CMS Certification Number (CCN) change.

In addition to this research, we were contracted to generate several graphic illustrations of the research for use by NARHC staff, their membership, and the public.

## Methodology

As delineated in the March proposal, NCAHD staff conducted a thorough review of the national QCOR to assess and categorize the changes over a 3-year period of time to help determine the status of the national rural health clinic landscape. The Center for Medicare and Medicaid's (CMS) Point of Service (POS) file and the Quality, Certification, and Oversight Reports (QCOR) actively collect data on rural health clinic's changes in status: 1) new, 2) closures, and 3) ownership changes and classifies these within the federal standardized program codes. However, the data collected with both the CMS POS file and QCOR do not explain why a RHC may receive a merged or closed/termination program code. Further research into the closed/merged program termination code utilized by the CMS POS file and QCOR shows that a RHC may receive the code for the following reasons: change of address, facility name change, a change in healthcare delivery model (Fee for service, FQHC, or independent and provider-

<sup>&</sup>lt;sup>1</sup> For more information about the NCRHW and the NCAHD, please visit our websites (<u>www.ncahd.org</u> and <u>www.ruralhealthworks.org</u>

based), or facility closure or merger. Therefore, the following methodology was established to determine the number of closed RHCs and provider status changes.

Due to recent updated standardization of their processing and an increase in federal funding, QCOR was found to be more current and therefore NCAHD staff downloaded the data on 4/10/2023 for the research. The data was downloaded for each year (2020, 2021, and 2022). Five states were found without data thus indicating that they didn't have any RHCs during this period, including: Alaska, Connecticut, Delaware, District of Columbia, New Jersey, and Rhode Island. Additionally, the U.S. Unincorporated territory of Puerto Rico, does not have any reported RHCs.

Once this master data set was collected, it was divided by state to perform state-based trend analysis and to validate the data on the state level. Thoroughness to quality and detail of each scenario was achieved through various methods but primarily by online research with follow-up phone conversation for verification of the status of the facility. The "terminated providers" list was then further subdivided into the following, more descriptive categories:

1-"Closed" status describes a location that no longer has anything relevant to health practicing at that location.

2-"No Longer Participating" (NLP) status describes a situation where a clinical entity still exists in the same location or area but is no longer tracked within the QCOR data and is no longer registered as an RHC.

3-"CCN Status Change", or just "CCN Change", describes an RHC entity that is found at the same or similar location with the same name that has a QCOR closure date that aligns with an original participation date for another RHC entity with the same name and location.

Important note: Throughout our research, we sought assistance from the NARHC staff for clarification on borderline situations.

Once the data was cleaned and NCAHD staff was able to determine the status of all registered RHCs, the data was collated into a single master file once again to perform national trend analysis. This consisted of tracking and comparing the attributed statuses for each RHC each year. Our final step was to create a spreadsheet of the results, from which the maps/analysis were to be derived. After viewing the final analysis, the NARHC staff requested summary charts and a national summary spreadsheet that would allow a viewer to find the exact state, year, attributed status, and RHC type. (See **Figure 1** below)

Research E Education Foundation	Research fu Research &				ealth Clinics T					Research conducted by For the Analysis of H		ealthcare Data	NCAHD	
	State Abbr.	RHC Type	2020 New	2020	2020 CCN Change	2020 No Longer	2021 New	2021 Closed	2021 CCN Change	2021 No Longer	2022 New	2022 Closed	2022 CCN Change	2022 No Longer
Alabama	AL	Freestanding	6	0	0	Participating 0	8	1	0	Participating 5	3	1	0	Participating 1
Alabama	AL	Provider-based	14	1	0	0	3	1	0	0	1	0	0	3
Alaska Alaska	AK AK	Freestanding Provider-based	0	0	0	0	0	0	0	0	0	0	0	0
Arizona	AZ	Freestanding	2	0	0	0	5	0	0	0	6	0	0	0
Arizona Arkansas	AZ AR	Provider-based Freestanding	2	0	0	1	1 6	0	0	0	1 6	0	0	0
Arkansas	AR	Provider-based	3	1	0	0	4	0	0	0	1	1	0	1
California California	CA CA	Freestanding Provider-based	6	0	1	0	1 8	0	0	0	0	1	0	2
Colorado	со	Freestanding	0	0	1	0	0	0	0	1	0	1	0	0
Colorado Connecticut	CO CT	Provider-based Freestanding	5	0	0	0	3	0	0	0	1	2	0	1 0
Connecticut	СТ	Provider-based	0	0	0	0	0	0	0	0	0	0	0	0
Delaware Delaware	DE DE	Freestanding Provider-based	0	0	0	0	0	0	0	0	0	0	0	0
Florida	FL	Freestanding	1	0	1	4	4	2	0	2	4	1	0	0
Florida	FL GA	Provider-based	2	2	0	2	1	0	0	1	0	0	0	0
Georgia Georgia	GA	Freestanding Provider-based	0 7	1	0	0	2	0	0	0	1	2	0	4
Hawaii	н	Freestanding	0	0	0	0	0	0	0	0	0	0	0	0
Hawaii Idaho	HI ID	Provider-based Freestanding	2	0	0	0	8	0	0	0	0	0	0	0
Idaho	ID	Provider-based	2	0	0	0	5	0	0	0	0	0	0	0
Illinois Illinois	IL IL	Freestanding Provider-based	3 14	1	0	3	1 9	2	0	1	5	1	0	1
Indiana	IN	Freestanding	0	0	0	2	0	0	0	0	11	0	0	0
Indiana	IN	Provider-based	12	0	0	1	4	0	0	1	7	0	0	0
lowa Iowa	IA IA	Freestanding Provider-based	3 13	0	3	3	0	0	0	0	0	0	0	0
Kansas	KS	Freestanding	0	0	0	0	6	0	0	0	0	1	0	0
Kansas Kentucky	KS KY	Provider-based Freestanding	7 15	2	0	0	7 27	0	0 4	2 7	4 48	0	0	0 10
Kentucky	KY	Provider-based	5	1	0	0	11	1	0	1	4	0	0	0
Louisiana Louisiana	LA LA	Freestanding Provider-based	17 10	1	2	0	7	0	1 0	0	9	0	1 0	0
Maine	ME	Freestanding	0	0	1	0	0	1	0	0	0	0	0	0
Maine Maryland	ME MD	Provider-based	2	0	0	0	0	0	0	0	0	0	0	0
Maryland	MD	Freestanding Provider-based	0	0	0	0	0	0	0	0	0	0	0	0
Massachusetts	MA	Freestanding	0	0	0	0	0	0	0	0	0	0	0	0
Massachusetts Michigan	MA	Provider-based Freestanding	1	0	0 4	0	1	0	0	0	0	0	0	0
Michigan	MI	Provider-based	27	2	0	5	17	0	0	0	1	1	0	0
Minnesota Minnesota	MN MN	Freestanding Provider-based	0	0	0	0	0	0	0	0	0	0	0	1 0
Mississippi	MS	Freestanding	5	0	0	2	1	1	1	2	29	5	0	3
Mississippi Missouri	MS MO	Provider-based Freestanding	15 2	1	0	0 4	15 0	1 4	0	0	7	0	0	2 4
Missouri	MO	Provider-based	5	4	0	3	2	4	0	1	4	0	1	3
Montana Montana	MT MT	Freestanding Provider-based	0	0	0	0	0	0	0	0	0	0	0	0
Nebraska	NE	Freestanding	0	1	0	0	0	0	0	0	0	0	0	1
Nebraska Nevada	NE NV	Provider-based	1	1	0	2	2	1	0	0	0	3	0	2
Nevada	NV	Freestanding Provider-based	1	0	0	0	0	0	0	0	0	0	0	0
New Hampshire	NH NH	Freestanding	0	0	0	0	0	0	0	0	1	0	0	0
New Hampshire New Jersey	NH	Provider-based Freestanding	0	0	0	0	0	0	0	0	0	0	0	0
New Jersey	NJ	Provider-based	0	0	0	0	0	0	0	0	0	0	0	0
New Mexico New Mexico	NM NM	Freestanding Provider-based	0	0	1	0	0	0	0	0	0	0	0	0
New York	NY	Freestanding	0	0	0	0	0	0	0	0	1	0	3	0
New York North Carolina	NY NC	Provider-based Freestanding	10 1	0	0	0	11 3	0	0	0	3	0	0	0
North Carolina	NC	Provider-based	4	0	0	0	2	1	0	1	1	0	0	0
North Dakota North Dakota	ND ND	Freestanding Provider-based	0	1	0	1	0	0	0	0	0	0	0	0
Ohio	ОН	Freestanding	0	0	1	2	1	0	0	0	0	0	0	0
Ohio	ОК	Provider-based	7	0	0	0	1 18	0	0	0	3	0	0	0
Oklahoma	ОК	Provider-based	12	2	0	0	18 5	2	0	2	2 8	2	0	1
Oregon	OR OR	Freestanding	1	0	0	0	8	0	0	0	3	3	0	1
Oregon Pennsylvania	PA	Provider-based Freestanding	1	0	0	0	5	1	0	0	0	0	0	0
Pennsylvania	PA	Provider-based	5	0	0	0	0	0	0	1	0	0	0	0
Rhode Island Rhode Island	RI RI	Freestanding Provider-based	0	0	0	0	0	0	0	0	0	0	0	0
South Carolina	SC	Freestanding	0	0	0	0	3	0	1	3	1	0	0	0
South Carolina South Dakota	SC SD	Provider-based Freestanding	7	0	0	1	11 0	0	0	2	7	0	0	0
South Dakota	SD	Provider-based	1	0	0	0	0	0	0	0	0	0	0	0
Tennessee	TN	Freestanding	17	1	7	0	25	1	1	0	69	2	1	3
Tennessee Texas	TN TX	Provider-based Freestanding	6 4	0	0	0	5 8	0	0	0 4	0	0	0	0 4
Texas	тх	Provider-based	15	0	0	1	15	0	1	0	3	0	0	0
Utah Utah	UT UT	Freestanding Provider-based	0	0	0	0	0	0	0	0	0	0	0	0
Vermont	VT	Freestanding	0	0	0	0	0	0	0	0	0	0	0	0
Vermont Virginia	VT VA	Provider-based Freestanding	0	0	0 14	0	0	0	0	0	0	0	0	0
Virginia	VA	Provider-based	1	0	0	0	8	0	0	0	1	0	0	2
Washington	WA	Freestanding Provider-based	2	0	2	0	1 2	0	0	0	0	0	0	1
Washington West Virginia	WA WV	Provider-based Freestanding	2	0	0	1	0	1	0	3	0	0	0	0
West Virginia	wv	Provider-based	8	0	0	0	2	0	0	0	0	0	0	0
Wisconsin Wisconsin	WI WI	Freestanding Provider-based	0 9	0	1 0	0	0	1	0	0	0	1 0	0	0
Wyoming	WY	Freestanding	0	0	1	0	0	0	0	0	1	0	0	0
Wyoming	WY	Provider-based	3 345	0 35	0 42	0 47	0 350	0 35	0 12	0 47	2 302	0 40	0 10	0 62

Figure 1-National Rural Health Clinics Trend Analysis (2020 - 2023)

Additionally, the NARHC staff requested additional charts to demonstrate the impact of the RHC status changes over time upon both types of RHCs: (see charts below)

- National Overall RHC Overall Impact (Figure 2)
- National Impact Upon Free-Standing RHCs (Figure 3)
- National Impact Upon Provider-Based RHCs (Figure 4)
- National Impact Upon New RHC Openings (Figure 5)
- National Impact Upon RHC Closures (Figure 6)
- National Impact Upon RHCs No Longer Participating (Figure 7)

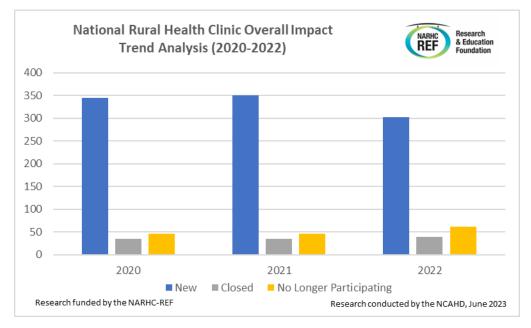


Figure 2 - National RHC Overall Impact

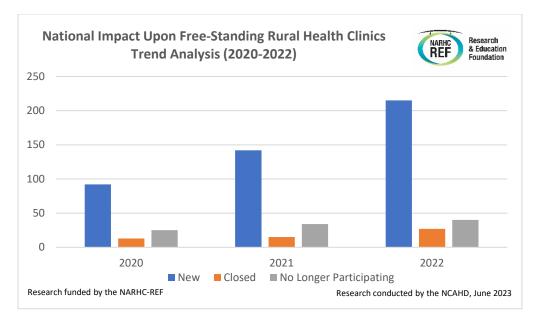


Figure 3 - National Impact upon Free-Standing RHCs

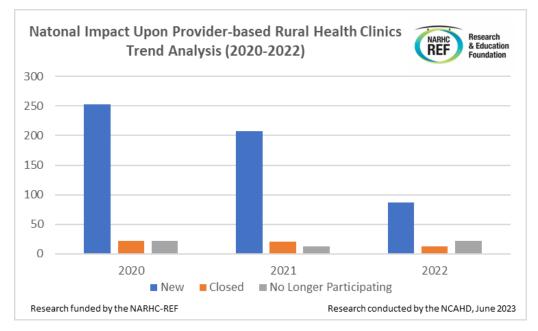


Figure 4 - National Impact upon Provider-Based RHCs

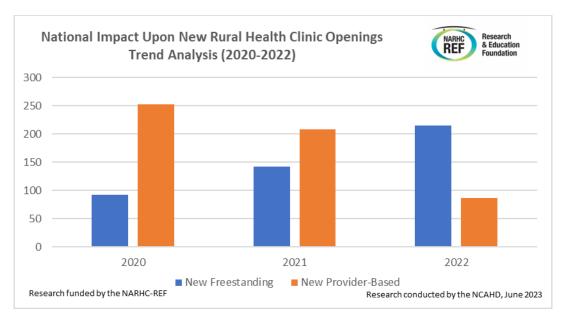


Figure 5 - National Impact of RHC New Openings

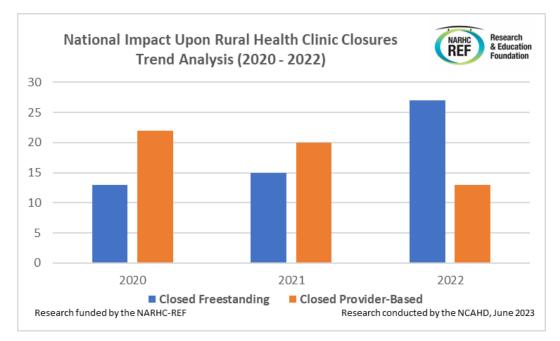


Figure 6 - National Impact of RHCs Closures

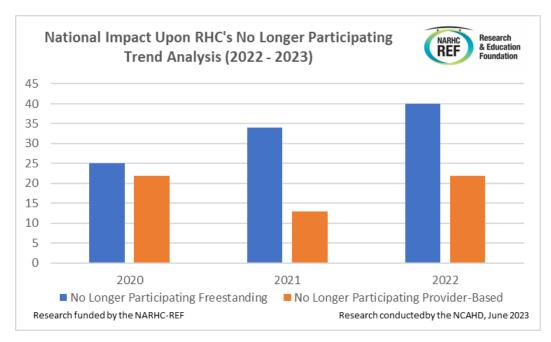
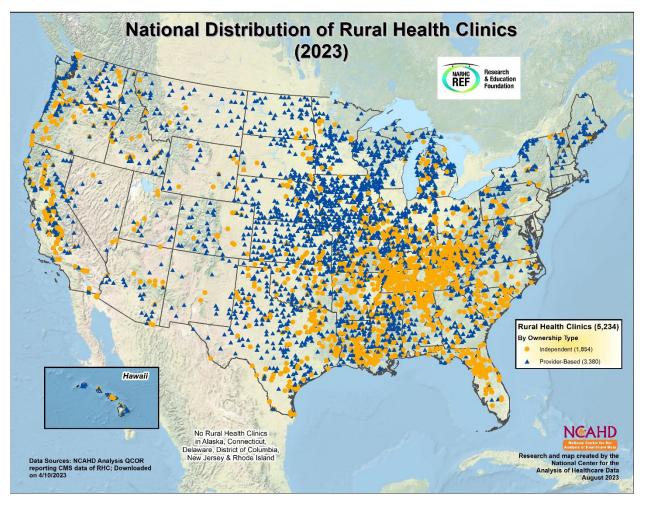


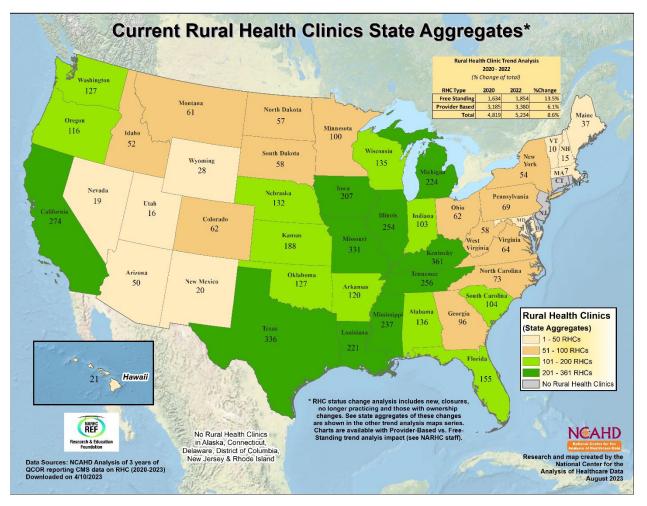
Figure 7 - National Impact of No Longer Participating RHCs

Based in part from our previous research, the current charts, national summaries, and discussions with the NARHC staff, we determined that maps would be an attractive way to share the research results. Additional analysis was performed on the trend analysis to determine percent change by state rather than just the changes to the total number caused by the status changes, expansions (new) and closures. Please see the maps/analysis below:

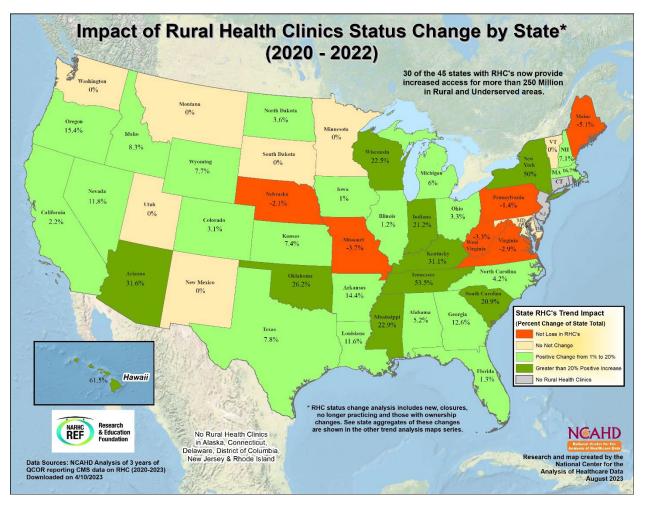
- National Distribution of Rural Health Clinics (Map 1)
- Current Rural Health Clinics State Aggregates (Map 2)
- Impact of Rural Health Clinics Status Change by State (Map 3)
- New Rural Health Clinics Openings (Map 4)
- Rural Health Clinics Closures (Map 5)
- Rural Health Clinics No Longer Practicing as a Rural Health Clinic (Map 6)



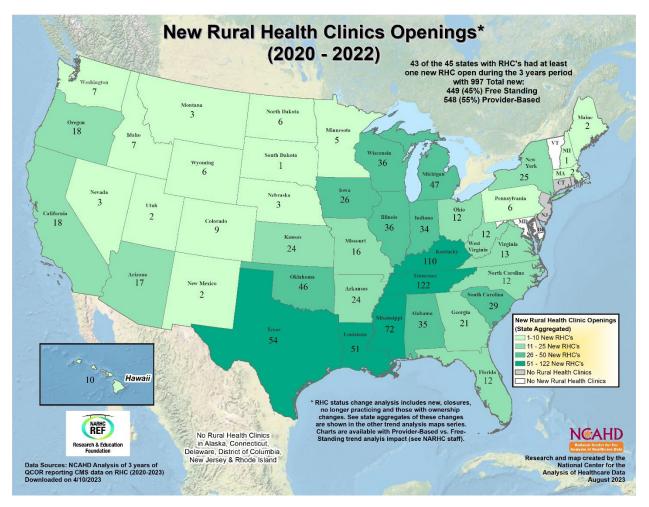
Map 1 - National Distribution of Rural Health Clinics (2023)



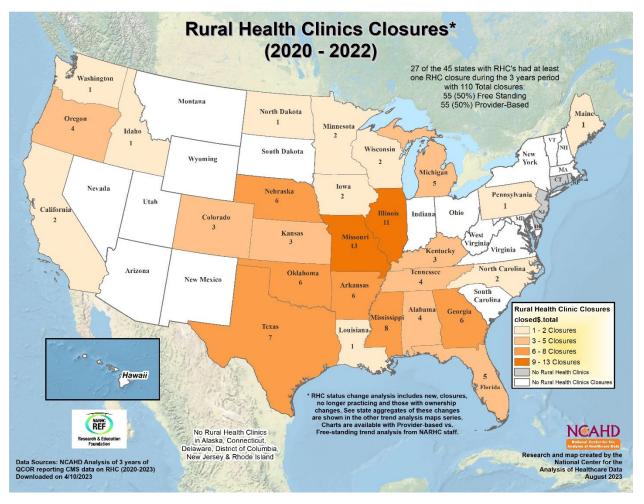
Map 2 – Current Rural Health Clinics State Aggregates (2023)



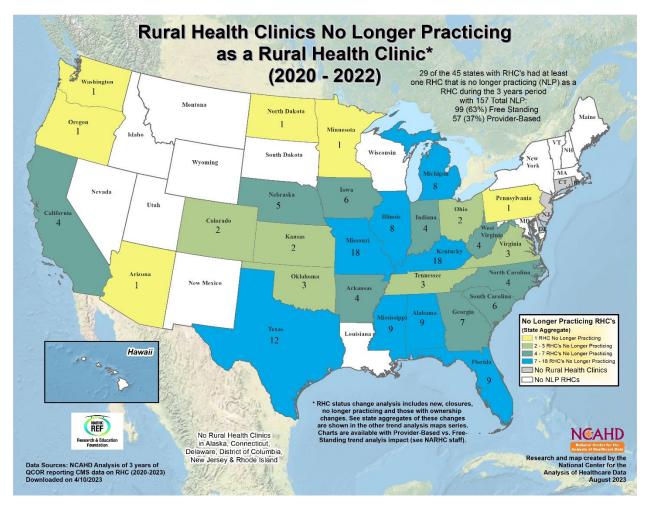
Map 3 – Impact of Rural Health Clinics Status Change by State (2020-2022)



Map 4 – New Rural Health Clinics Openings (2020-2022)



Map 5 – New Rural Health Clinics Closures (2020-2022)



Map 6 – Rural Health Clinics No Longer Practicing as a Rural Health Clinic (2020-2022)

## Limitations

Since the Rural Health Clinic QCOR data is frequently updated, the data currently available may not reflect the data that this analysis was based upon which was collected on 4/10/2023. The research conducted to determine why a RHC received a closed or merged status code enabled a more accurate assessment of the landscape of the national Rural Health Clinics program. Therefore, it is the intention of the NARHC-REF to consider updating this research regularly in the future.