



## Legislative Meeting Tips



- #1: Have an Ask
- Be specific in your ask: Cosponsor S. 1234.
    - Be able to articulate the problem, potential policy solution(s), and how you want them to help.
    - You are building a relationship with this request, so take the time to discuss the data, your organization and how this bill will help your organization, community and state.
- #2: Talk to the Right Person
- Make a request in person, in addition to written requests.
  - Understand the jurisdiction of the individual you are speaking with.
  - Staffers can be your greatest asset. Get to know them!
- #3: Know Your Legislator
- Do your homework! Know the issue, impacts, and how your member can engage.
  - Know the member: Committee assignments, past legislative initiatives, rural health background.
  - Do not assume they are experts in an issue. Allow questions!
- #4 Explain its Importance
- How is this important to your state or region?
  - What data and research can you use to support it?
  - Personalize it! How does your experience support the data?
- #5 Be Concise & Follow Up
- Understand time constraints.
  - Follow-up by email—send important information and handouts with follow-up email.
  - Make yourself an information resource.