NYSARH
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Implementing Telepsychiatry= Building the Framework

- [Implementing Telepsychiatry- Building the Framework (1).pptx](Implementing%20Telepsychiatry-%20Building%20the%20Framework%20(1).pptx)

- **May 1, 2019**

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- Program Director - **Northeast Telehealth Resource Center** Co-Director – MCD Public Health
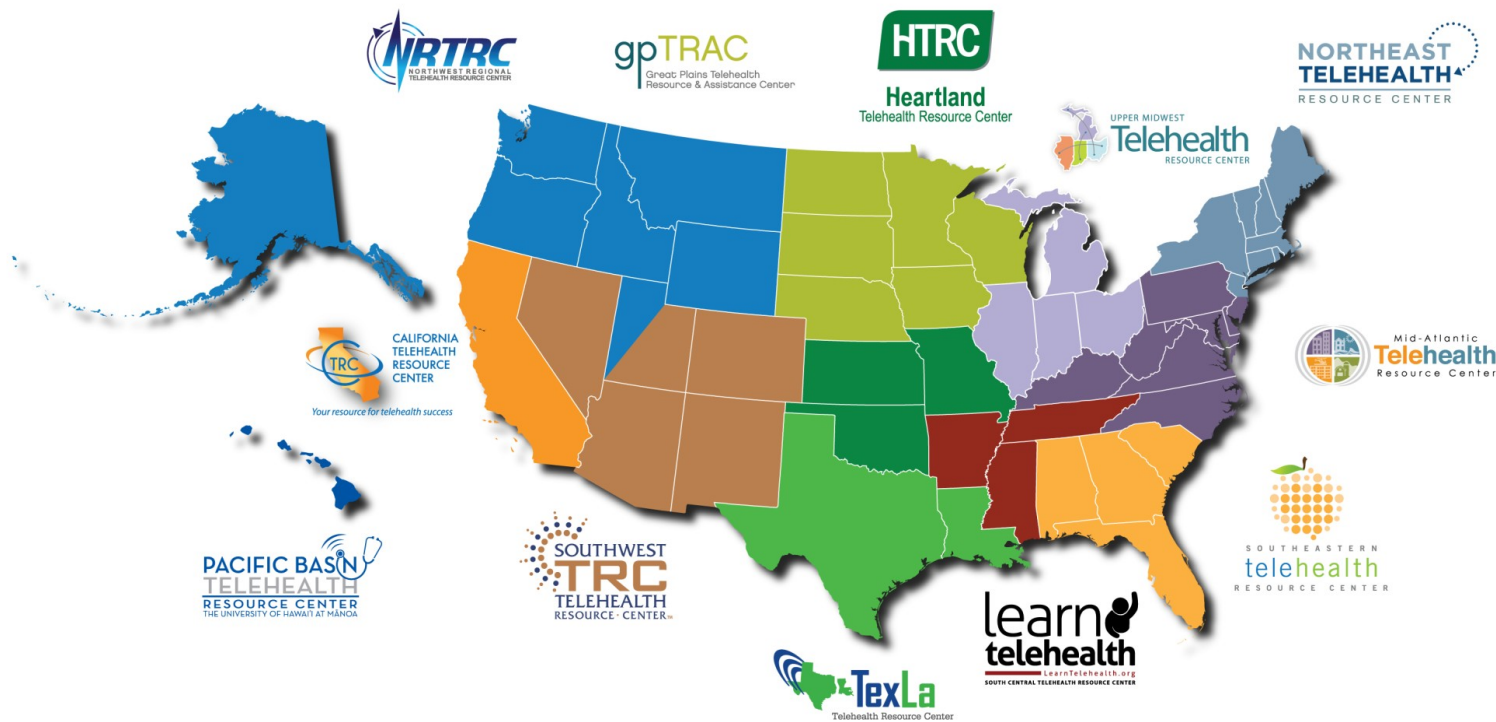
- dlouder@mcdph.org

- This slide deck provides the contact information for the most up to date information on TeleHealth.

- The next five slides provide an overview of key information and explain the resources available.

TelehealthResourceCenters.org

Who do we serve?

- ✓ Individual Providers
- ✓ Community & Urban Hospitals
- ✓ Academic Institutions
- ✓ National, State, or Regional Associations
- ✓ Federal, State, Regional, or Local Government Agencies
- ✓ Legislators/Policy makers
- ✓ Health Systems
- ✓ Rural Clinics
- ✓ Federally-Qualified Health Centers (FQHC)

- ✓ Critical Access Hospitals (CAH)
- ✓ Primary Care Clinics
- ✓ Ambulatory Care Centers
- ✓ Nursing Homes
- ✓ Schools
- ✓ Vendors
- ✓ *and many others!*

Provide:

- ✓ Short and long term technical assistance services for organizations

- ✓ Education for the telehealth workforce

- ✓ Access to educational materials

- ✓ Access to specialized tools + templates

- ✓ Access to telehealth experts willing to share their experiences

- ✓ Monthly newsletter updates and other alerts on telehealth in the northeast

- ✓ Support for collaboration that fosters a favorable environment for telehealth

- ✓ *And more!*

Resources

Join our newsletter!

- **NETRC Site & Telehealth Resource Library**
  - Latest in national and regional telehealth news and resources
  - Over 3,000 publicly available journal articles and other resources

- **Regional Telehealth Conference** (www.netrc.org/conference)
  - Opportunity to network and learn from regional colleagues!

- **National Telehealth Resource Center website**
  - Fact Sheets, Guides and Templates, Evidence for Telehealth, Webinar series, etc.

- Online **Telehealth Coordinator Training**

- **Personalized Toolkits**
  - We are available to create toolkits with resources to fit your needs!

General TH Resources

- **Northeast Telehealth Resource Center**
  www.netrc.org
- **National Telehealth Resource Centers**
  www.telehealthresourcecenters.org
- **Center for Connected Health Policy**
  www.cchpca.org
- **Telehealth Technology Assessment Center**
  www.telehealthtechnology.org
- **American Telemedicine Association**
  www.americantelemed.org
- **Center for Telehealth & e-Health Law**
  www.ctel.org
- *And many great regional programs willing to share!*

www.netrc.org

So why Telehealth?

- Better question………

- Why not Telehealth?

AIMS Center- Advancing Integrated Mental Health Solutions

University of Washington

Psychiatric and Behavioral Sciences

AIMS Website https://aims.uw.edu

- COLLABORATIVE CARE

- Printer-friendly versionBehavioral health problems such as depression, anxiety, alcohol or substance abuse are among the most common and disabling health conditions worldwide, collectively robbing millions of their chance to lead healthy and productive lives. The good news is that there are effective treatments for most mental health conditions. The bad news is that most people in need don't receive effective care due to stigma, a shortage of mental health specialists, and lack of follow through.

- Integrated care programs try to address this problem by providing both medical and mental health care in primary care and other clinical settings. Offering mental health treatments in primary care is convenient for patients, can reduce the stigma associated with treatment for mental disorders, builds on existing provider-patient relationships, and can help improve care for the millions of patients who have both medical and mental disorders. There is a wide range of integrated programs, some of which are based on evidence and some of which are not.

- **Collaborative care** is a specific type of integrated care developed at the University of Washington that treats common mental health conditions such as depression and anxiety that require systematic follow-up due to their persistent nature. Based on principles of effective chronic illness care, collaborative care focuses on defined patient populations tracked in a registry, measurement-based practice and treatment to target. Trained primary care providers and embedded behavioral health professionals provide evidence-based medication or psychosocial treatments, supported by regular psychiatric case consultation and treatment adjustment for patients who are not improving as expected.

- Collaborative care originated in a research culture and has now been tested in more than 80 randomized controlled trials in the US and abroad. Several recent meta-analyses make it clear that collaborative care consistently improves on care as usual. It leads to better patient outcomes, better patient and provider satisfaction, improved functioning, and reductions in health care costs, achieving the Triple Aim of health care reform. Collaborative care necessitates a practice change on multiple levels and is nothing short of a new way to practice medicine, but it works. The bottom line is that patients get better.

- Use our Resource Library to find materials about collaborative care, have our Implementation Guide take you through the process of implementation, or browse this section to better understand the model of collaborative care.

Integrated Collaborative Care

- Integrated Collaborative Care is an evidence-based approach that emphasizes accountability for the delivery of health care and utilizes a team approach to treat a population of patients (Interprofessional Education Collaborative, 2016). Three of the key components of Integrated Collaborative Care are:

- the use of shared team workflows to establish a diagnosis and deliver treatment,

- the use of a registry to track patients and treatment over time,

- the ability to be accountable as a team to these principles and population goals.

AIMS Center and The American Psychiatric Association

- The APA now offers in-depth on-line training associated with Integrated Collaborative Care
- See next slide to obtain details

American Psychiatric Association Learning Center

Within these Learning Modules you will find all of the information necessary to begin understanding the concepts associated with Integrated Collaborative Care.

➡ The total time estimated is 4 Hours to complete. Free 4 CEU

➡ These are step by step directions to connect with the training:

➡ Using either Chrome or Firefox, go to:

➡   American Psychiatric Association Learning Center, (You will create an account/login, there is no fee

➡   Psychiatrist. (You will hear and read that this training values all of the providers associated with Mental Health)

➡   Practice

➡   Integrated Care

➡   Collaborative Care Model

➡   Applying the Integrated Care Approach: Core

➡ Now the learning begins!

➡ View the four Modules. The APA Learning Center has done a wonderful job in providing various learning style approaches to this training. Options include videos, A power point slide deck and a full written transcription of each module.

➡   Module one: Introduction to Collaborative Care

➡   Module two: Collaborative Care 101 This module is especially important to understand

➡   Module three: Assessment as Part of Collaborative Care Team

➡   Module four: Treatment as part of Collaborative Care Team

➡   Take the quiz in each module. Then complete the evaluation of each module. You will not be able to advance forward in the training until you complete the quiz and evaluation of each module.

➡ After you complete the four modules, apply for the Certificate.

Applying Integrated Collaborative Care utilizing Telehealth