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Suicide Prevention: Why Means Matter

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Suicide Prevention Center New York (SPC- NY)

New York State Office of Mental Health

~ Thursday, November 19th, 2020 ~

1:00pm - 2:00pm

This workshop will introduce participants to the topic of means matter as it relates to suicide prevention. The concept of putting space and time between an individual expressing thoughts of suicide and the means by which they may be thinking of to act on those thoughts will be discussed. Particular focus will be placed on the most prevalent means of suicide in the US, fire arms and how communities and practitioners can join together around the common ground of safety.

[Click here](#) to register in advance for this webinar. After registering, you will receive a confirmation email containing information about joining the webinar.

Garra Lloyd-Lester is the Director, NYS Suicide Prevention Community and Coalition Initiatives for the Suicide Prevention Center of New York State (SPCNY). As Director, he works with State and County partners and departments, local governmental units, local coalitions and other systems to build capacity to help reduce the burden of suicide across the lifespan. This work is accomplished through systems level planning, coalition building, program development and training among other activities. Garra is an instructor for several suicide prevention programs and has developed content to support local suicide prevention coalitions and partner agencies.

He has 30+ years of experience in the field of social services including: working with the developmentally disabled, working in the child welfare system and within the mental health system.

